MODERN DENTAL CONCEPTS

4817 Mahoning Ave NW, Warren, OH 44483
(330) 847-0676 · Dr. Gursharanjit Singh, DMD

Oral Sedation: Before and After Your Visit

Your calming medicine helps you relax during treatment. You stay awake, but you will be drowsy for the rest of the day, so these steps keep you safe. If anything worries you, call us at **(330) 847-0676**.

Before your visit

- Bring an adult who will drive you home and stay with you for the rest of the day. We can't start without them.
- Take the medicine only as Dr. Singh told you: diazepam (Valium) _____ mg at _____ (time).
- Eating and drinking: _____
- Take your usual medicines unless we told you otherwise. Tell us about every medicine, supplement or cannabis product you use.
- No alcohol, sleeping pills or other sedatives for 24 hours before your visit.
- Wear comfortable clothes, and take out contact lenses.

After your visit (for 24 hours)

- Go home and rest. Have someone with you for the rest of the day.
- Don't drive, use machinery, cook on a stove, climb stairs alone, or make important decisions.
- No alcohol, sleeping pills, opioid pain medicines or other sedatives unless Dr. Singh said so.
- Start with clear liquids, then light food once you feel steady.
- Follow the home care sheet for the treatment you had.

Call us at (330) 847-0676 if you have:

- Nausea or vomiting that won't stop
- A rash or itching

Call 911 if the person is very hard to wake, has trouble breathing, or their lips look blue.

After hours: call (330) 847-0676 and choose the option to talk to the doctor.

Based on: American Dental Association, Guidelines for the Use of Sedation and General Anesthesia by Dentists (2016); Ohio Administrative Code 4715-5-07. Modern Dental Concepts, updated November 2026.